SIGNS HE'S UNDATEABLE!

Phone clips and spandex shorts? Not even celebs can get away with style slipups cited in the new book *Undateable* BY ERICKA SOUTER

HE WEARS TIGHTY WHITIES

Boyish briefs are a buzzkill, solo or peeking out of a waistband. Coauthor Ellen Rakieten advises guys to "invest in boxers or boxer briefs."

Zac Efron

HE CARRIES A MURSE

Contents: cellphone, comb and what's left of his male pride. "No guy can rock this," says Rakieten. "It's way cooler to have a messenger bag."

Terrence Howard

HE STRUTS HIS STUFF IN SPANDEX

Some things are best kept under wraps, like, say, a man's package. "Women don't want to see all that," says Rakieten. Only avid cyclists can wear these shorts.

Jake Gyllenhaal

HE DONS A MANKINI

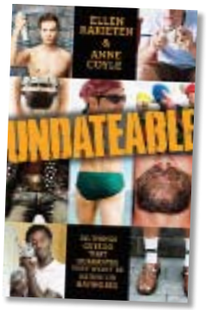
The ego has landed! "Wearing a banana hammock screams, 'I need attention,'" says Rakieten. And it's not easy on the eyes. "It doesn't flatter anybody."

John Mayer

HE'S A WANNABE GANGSTA

K-Fed's got the baggy pants and bling. But street cred? Zero. "He's a good-looking guy underneath all that," says coauthor Anne Coyle.

Kevin Federline

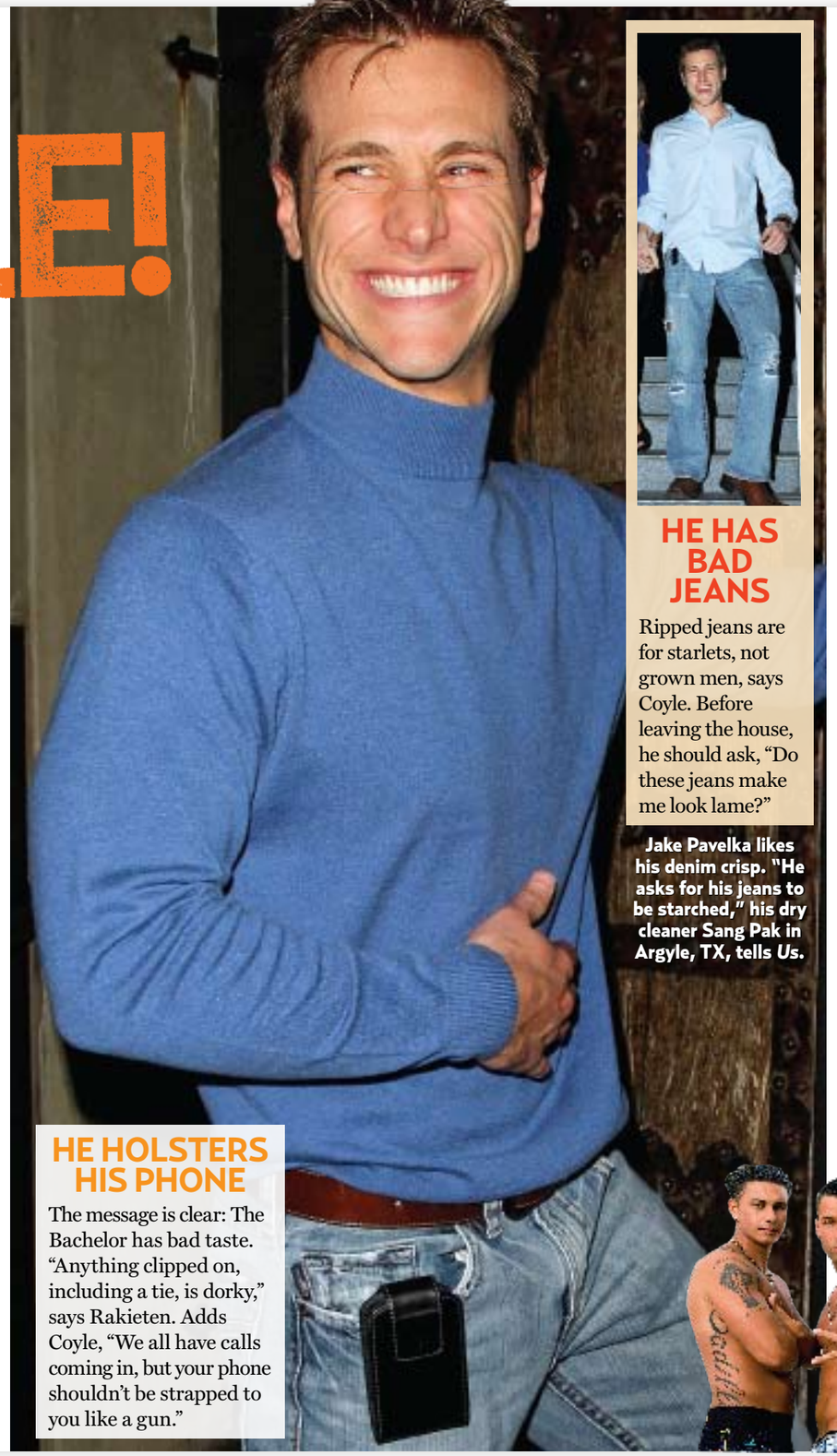


Revealing 311 things men do to make Cupid steer clear, the guide was written by *Marriage Ref* producer Ellen Rakieten and interior designer Anne Coyle.

HE'S GOT A CHEWBACCA BACK

Bare skin that resembles a mohair sweater belongs in the primate cage at the local zoo. "Men should maintain themselves like we do," Rakieten says. "They should wax or keep it hidden."

Andy Garcia



HE HOLSTERS HIS PHONE

The message is clear: The Bachelor has bad taste. "Anything clipped on, including a tie, is dorky," says Rakieten. Adds Coyle, "We all have calls coming in, but your phone shouldn't be strapped to you like a gun."

HE HAS BAD JEANS

Ripped jeans are for starlets, not grown men, says Coyle. Before leaving the house, he should ask, "Do these jeans make me look lame?"

Jake Pavelka likes his denim crisp. "He asks for his jeans to be starched," his dry cleaner Sang Pak in Argyle, TX, tells *Us*.

MORE DEAL BREAKERS

- Grousing about the cost of the meal or neglecting to tip is a no-no. "You don't need to be swimming in cash, but don't drive 10 blocks to avoid a $7 valet charge and force your date to walk in heels," Coyle instructs.
- Being a mama's boy isn't sexy. "Spending 45 minutes talking about how your mother is a great gal is really, really, really bad," says Coyle. After a certain age, it's creepy, not endearing.
- Looking overly buff, too tan and extra gelled may work for the guys of MTV's *Jersey Shore* (*below*). But for the rest of the species, not so much. "It says, 'I'm a huge diva,'" says Rakieten.
- Going shirtless isn't a good idea, even if you have six-pack abs. "Save it for the beach, shower or your bed," pleads Rakieten. "Women want a little civility."
- Using phrases like *bee-yatch, buttload, chillaxin', knockers* or *peace out*. Cool slang? No. A major turnoff? Yes.

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